

MES MEDICAL COLLEGE, PERINTHALMANNA

DNO/Circular/2020/MESMC

03.12.2020

CIRCULAR

Sub: Guidelines for KUHS exam going UG Students to hostels in view of COVID-19 pandemic

As per the guidelines of NMC and Circular from Registrar, KUHS University, we have been directed to commence classes for the 2019 Batch students from 28th December 2020 or at the earliest.

In view of the present COVID- 19 pandemic scenario and after discussions with the college council it has been decided to recall 2019 Admission MBBS students staying in campus hostel on 7th of December 2020. This early recall has been planned considering the need for students to get enough time for a quarantine and to attend their missed practical sessions and prepare them for the university exam which will be held in February 2021.

As the COVID- 19 protocols are strict the hostel stay facility will be restricted on a priority basis; as per NMC guidelines. Details will be informed in person and you may contact the telephone numbers given below.

It is proposed to commence regular classes by 15th of December for the whole batch of students. Arrangements have been made for the smooth return of students to the hostel.

1. All students who will be allotted hostel should directly report to MES Medical College reception on arrival and report to community medicine department for verification from 9 am to 4 pm on 7th December.
2. Those students who are abroad and unable to reach on the stipulated date are directed to send a mail to mesmcp@gmail.com regarding their travel plans

Please note:

1. All students entering the hostel will possess a negative RT- PCR test report from ICMR approved laboratory which should be conducted within 48 hours prior to undertaking their journey and the filled self declaration form (soft/ hard copy)
2. Here in MES Medical College campus, we are taking utmost precautions to ensure the safety of our students. All COVID-19 protocols and procedures/ testing are strictly followed as per the Government regulations from time to time. However, it is extremely important that each student should take care of their own safety by following COVID-19 protocol put forward by the government and the institution, both in hostels as well as in the college. Self declaration forms and institutional guidelines are attached and also published in the college website.

For any Queries please contact

1. For COVID- 19 protocol queries contact Community Medicine Department- 9567436862 (From 9 am to 4 pm)
2. For academic queries contact- 04933289379 (10 am to 3 pm)

Copy to

The Director for information
Med. Superintendent/ Asso. Dean/Dy. Med. Superintendent
Registrar/ Deputy Registrar
SAs/ COVID- 19 Nodal Officer
HODs- Concerned departments
Asst. Warden/ Student NB/ Student rep/ website publication


DEAN

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MES MEDICAL COLLEGE, PERINTHALMANNA
PALACHODE P.O., (Via KOLATHUR)
MALAPPURAM DISTRICT - 679 338



MES MEDICAL COLLEGE, PERINTHALMANNA

CIRCULAR

SUB: GUIDELINES FOR DAY SCHOLARS - 2019 MBBS BATCH

TRAVELLING BACK TO COLLEGE:

1. Students have to come by their own vehicle with maximum of 3 travelers (including the driver) in a 5 seated vehicle. Number can vary according to the number of seats. (half the seating capacity only should be occupied)
2. Public transport should not be used.
3. Students should use face masks & face shield compulsorily (at least 3 layer mask).
4. Should not use Air conditioner and the windows of the vehicles should be open.
5. Students shouldn't stop anywhere or mingle with anyone during the travel.
6. Students should carry water and food for the travel.
7. Students should bring hand sanitizers, mask and all other stationeries like pen from home.

WHILE IN COLLEGE:

1. Students should wear 3 layer mask & face shield and maintain social distancing, hand hygiene, cough etiquette while in the campus.
2. Students should not roam around in the campus. Should be confined to their respective class room and leave the campus immediately after the class.
3. Students should bring hand sanitizers, mask and all other stationeries like pen from home and should not share their belongings.
4. Students should bring food from their home and take food by maintaining social distancing.
5. Students developing Any COVID / respiratory symptoms should inform immediately to Community Medicine, treatment according to Government guideline.

AT HOME:

1. Maintain self quarantine at home by being confined to their rooms without mingling with others.
2. They are not supposed to attend function, or travel outside their homes.

Please Note: Any other instructions/advisories notified by the health authorities, districts administrations and KUHS are binding on the candidates and college administration.



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03/NOV 2020
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M.E.S. MEDICAL COLLEGE, PERINTHALMANNA
PALACHODE P.O., (Via KOLATHUR)
MALAPPURAM DISTRICT - 679 338

MES MEDICAL COLLEGE, PERINTHALMANNA

CIRCULAR

SUB: GUIDELINES FOR HOSTELLERS 2019 MBBS BATCH

TRAVELLING BACK TO COLLEGE:

1. Students have to come by their own vehicle with maximum of 3 travelers (including the driver) in a 5 seated vehicle. Number can vary according to the number of seats. (half the seating capacity only should be occupied)
2. Public transport should not be used.
3. Students should use face masks compulsorily (at least 3 layer mask).
4. Should not use Air conditioner and the windows of the vehicles should be open.
5. Students shouldn't stop anywhere or mingle with anyone during the travel.
6. Students should carry water and food for the travel.
7. Students should bring hand sanitizers, mask and all other stationeries like pen from home.

AFTER REACHING THE COLLEGE:

1. Students should keep their luggage in their vehicle itself and report individually to Community Medicine dept - second floor in college building.
2. They should maintain social distancing, hand hygiene and cough etiquette while in the campus.
3. Students will be subjected to screening in the Dept. of Community Medicine and will be allotted rooms after that.
4. They should report themselves to the Dean's office for allotment of room.
5. After allotment they should report to the hostel with luggage.
6. Accompanying persons should not venture outside or enter official buildings.
7. It is mandatory for students to wear mask and a face shield while reporting.

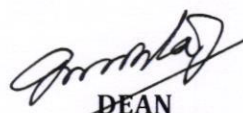
WHILE IN COLLEGE:

1. Students should wear 3 layer mask & face shield and maintain social distancing, hand hygiene, cough etiquette while in the campus.
2. Students should not roam around in the campus. Should be confined to their respective class room and leave the campus immediately after the class.
3. Students should bring hand sanitizers, mask & face shield and all other stationeries like pen from home and should not share their belongings.
4. Students should bring food from their home and take food by maintaining social distancing.
5. Students developing Any COVID / respiratory symptoms should inform immediately to Community Medicine, treatment according to Government guideline.

WHILE IN THE HOSTEL:

1. Students have to maintain social distancing, hand hygiene, cough etiquette while in the hostel.
2. They should remain in their rooms itself without unnecessary mingling with others.
3. Students should go for food only individually.
4. They are not supposed to step out of the hostel and roam around.
5. They are not supposed to engage themselves in combine study.
6. They have to bring their own utensils like plate, water bottle and mugs and should not share it.
7. Students have to return to the hostels immediately after their classes.
8. Students are advised to take bath once they are back in the hostel after their classes and exams.
9. Students developing Any COVID / respiratory symptoms should inform immediately to Community Medicine, treatment according to government guideline.
10. Students should wear mask while stepping out of their rooms for purposes like going to mess, bathroom.

Please Note: Any other instructions/advisories notified by the health authorities, districts administrations and KUHS are binding on the candidates and college administration.


DEAN
03 NOV 2020

SELF DECLARATION

I,..... hereby declare that:

1. I /my family members have not come into contact with any Covid positive or suspected case within last 14 days.
2. I /my family members have not travelled outside Country/State within last 14 days.
3. I /my family members are not currently tested positive for COVID.
4. I /my family members are not currently under quarantine.
5. I /my family members are not currently symptomatic/ given swab.
6. Have you ever been tested for COVID-19 in last 3 months : Yes/No

1) If yes give the date of testing and detail of the result:

7. If any of your family member are tested positive or under in quarantine in last 14 days – yes /NO

6. If travelled outside country/state: Yes/No

a) If yes, country/state visited :

b) Date of travel;

c) Date of return:

d) Whether quarantined in the last 14 days: Yes/No

7. I have performed RTPCR within 48 hours before _____ and has been declared negative.

8. I am willing to stay in the hostel room with other 1 persons maintaining COVID precautions.

9. I am willing to perform RTPCR testing on 8th day of reporting to college (14.12.20)

10. I understand that even though I have been declared RTPCR negative ,I may be in the Incubation period and may turn out to be positive after RTPCR testing.

11. I am willing to be under isolation and get tested on 8th day if I become a primary contact after entry in to hostel.

12. I am willing to strictly follow all COVID guidelines throughout the hostel stay and in the college also.

Stream/Course :

Batch :

Contact Number :

Signature :

Place :

Date :

Parent Signature

Student Signature